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**Rhinebeck, NY** — Blue Hudson Group announces the company has once again expanded its operations by providing Myer Briggs Type Indicator (MBTI) Workshop.

MBTI is the most widely used personality assessment training. Based on the 16 unique personality types, the workshop is designed to provide self awareness, leadership style assessment, problem solving, conflict management and more.

Blue Hudson Group was founded in 2005 providing Sales and Marketing Consulting Services by Ana Barreto, a Sales & Marketing veteran in the Hospitality Industry. She has worked for Marriott International, InterContinental Hotels Group, Fisher Group and other hotel companies.

Blue Hudson Group offers training programs in Sales Management, Strategic Selling, Sales Director Recovery, Customer Relationship Management- CRM, Leadership, and Selling to Women. For more information, visit: [www.bluehudsongroup.com](http://www.bluehudsongroup.com).

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